

Psychotherapy Training e-Resources is a learning resource tool, and does not take the place of supervision and training in specific forms of psychotherapy.

Certificate of Participation

In order to receive a Certificate of Participation for a module, the user must complete the minimum number of hours indicated below as well as complete all of the self-assessments, which include the two quizzes and all of the Virtual Therapy questions.

The user may view a self-assessment progress report, outlining performance and log in hours, by clicking on "Reports" which is found within each module. This report will be used by the Administrator to determine whether the user has fulfilled the accreditation requirements.

Module	Minimum Hours	Credits Assigned
Introduction to Psychotherapy	4	4
Emotion Focused	4	4
CBT for Depression	8	8
CBT for Anxiety	7	7
Psychodynamic	7	7
Family	3	3
Interpersonal	6	6
Group	3	3
Dialectical Behavioural Therapy	3	3
Motivational Interviewing	4	4
CBT for Psychotic Disorders	3	3
TOTAL	52 HOURS	52 CREDITS

To obtain Certificate of Participation for each module, at any time, please [email](#) the Administrator.

To obtain the final Certificate of Participation at the end of your subscription year, please [email](#) the Administrator.

The final Certificate of Participation will list all psychotherapy modules that have been successfully completed on PTeR throughout the entire subscription year. It will also indicate any dates where a module certificate had been previously issued during the subscription year.